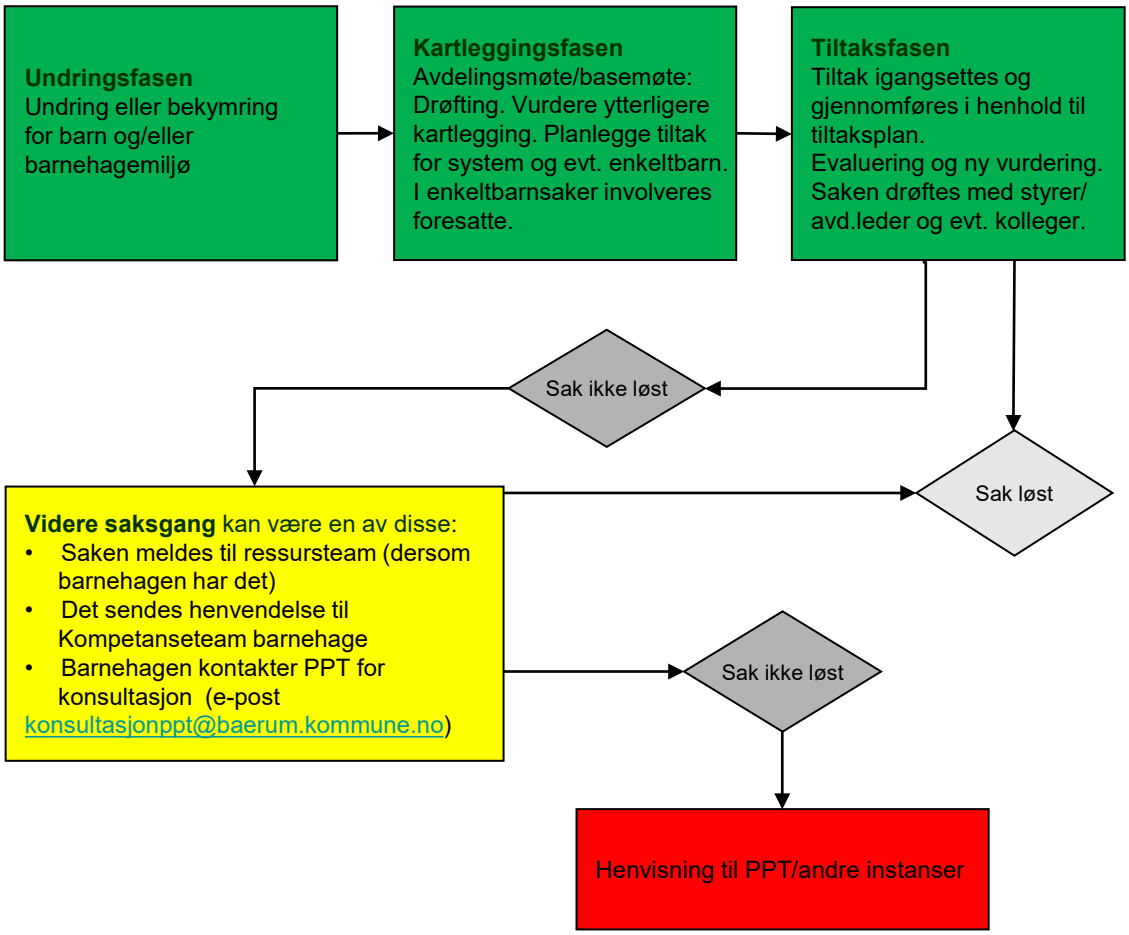Rutiner ved undring eller bekymring for barn og/eller barnehagemiljø